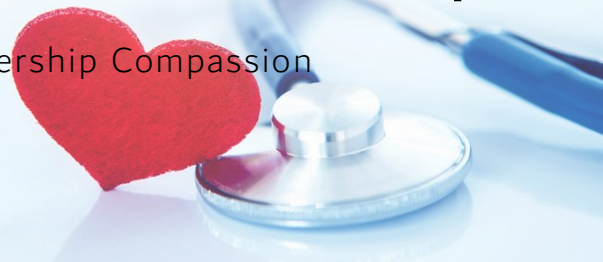


# Certificate in Foundations of Compassionate Leadership

Amplifying Compassionate Practice | Strengthening Leadership Compassion



## Why Become a Compassionate Leader? | Key Advantages

Attending to what is most important to our patients, understanding the challenges and concerns they face, empathizing and caring for them with an open heart inspires us to move forward fully in delivering safe, high quality and compassionate care. This is what we strive for in healthcare, what we invite our staff and teams to do each day. It is also what we ask of ourselves as leaders - to be compassionate and inclusive in our leadership. But, we don't have to look far to see signs of compassion fatigue, disengagement, low morale, and even burnout among the caregivers we count on to deliver excellent care across the continuum.

The Compassionate Leadership Certificate program consists of virtual cohort sessions designed for leaders who understand the best way forward is by nurturing and cultivating a climate of engagement.

**Compassionate leaders** create stronger connections between people. They have greater collaboration, higher levels of trust, and enhanced loyalty.

This interactive certificate program will develop your ability to be a more compassionate leader in your organization.

Compassionate leaders:

- Are more engaging, and can create higher levels of overall employee engagement
- Build robust, trusting relationships at all levels
- Are viewed as being strong and supportive
- Inspire greater collaboration within organizations
- Contribute to lower rates of employee turnover
- Inspire their people to feel more connected to one another
- Create environments where employees feel a greater sense of commitment to their organizations

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## About Our Program | How It Works

Unlocking the leadership potential through compassion can help your team achieve greater performance results at a time when healthcare needs to differentiate on culture. The Compassionate Leadership Certificate through MHEI and the Healthcare Experience Foundation implements proven methods to develop leadership skills, while setting participants up for success through a sustainable learning process.

### Virtual Cohort

We will engage cohort participants in four modules over two days via a virtual development session that focuses on the most pressing topics to expand compassion as a pillar of leadership success. We will be utilizing both large and small group discussions as well as interactive learning opportunities.

### Reinforcement and Coaching

Our learning reinforcement tools, videos and personalized coaching are designed to support individual growth and help leaders apply what they learned throughout the program.

## Evidence Based Outcomes of Compassionate

- + Improve well being of leaders, staff and physicians
- + Improve safety of patients
- + Higher rates of loyalty with staff and patients and physicians

### Investment total for both days:

**Before May/1:** \$350 individual; Group (5 or more) \$275 per person

**After May/1:** \$450 individual; Group (5 or more) \$375 per person

To register, please visit [here](#)



**Credly Certificate & Sharable  
Credentials**



**HEALTHCARE EXPERIENCE  
ACADEMY**

**6-months access to  
Healthcare Experience Acade-  
my microlearning videos and  
e-resources**



**Exclusive Web Portal for Par-  
ticipants to access learning  
materials**



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## Topical Agenda and Learning Objectives | Day 1 & 2

### **Building Block 1:** Why Compassion Now?

- + Why compassion is needed now
- + Describe the impact of compassion on the human body
- + Understand the different roles of compassion and empathy
- + Recognize the effect pain and suffering can also have on your team
- + Define Compassionate Leadership

### **Building Block 2:** Self-Compassion

- + Self-Compassion defined
- + Apply principles of self-compassion
- + Why self-compassion is needed today

### **Building Block 3:** Leading with Compassion

- + Identify compassionate leadership habits
- + Identify obstacles to compassion in your workplace such as addressing incivility or toxic behaviors
- + Creating compassionate non-negotiables

### **Building Block 4:** Influencing Compassion on the Organization

- + Identify traits of compassionate cultures
- + Build your circle of influence
- + Create Compassionate Leadership SWOT
- + Apply learnings and action plan

### **Featured Keynote Speaker:** David Perlstein, MD, MBA, FAAP

President and CEO, SBH Health System, Bronx, NY  
Executive Committee Member, Greater New York  
Hospital Association's Board of Governors  
Board Member of the Hospital Association of New York  
Healthfirst's Board of Trustees Member



## SAVE THE DATES!

### Agenda | Details

**Day 1:** May 16, 2024

9:00am-1:00pm ET

**Day 2:** May 17, 2024

9:00am-1:00pm ET